


Express
belief in
someone's
ability



CONFIDENCE

3


Rationalize



GUILT

-3

Rationalize



GUILT

-3

Band Aid



PAIN

-3

Band Aid



PAIN

-3

Send cute cat
pictures



APPRECIATION
PLEASURE

3

Proof
of love/
friendship



BELONGING

3


Vent



ANY NEGATIVE
EMOTION

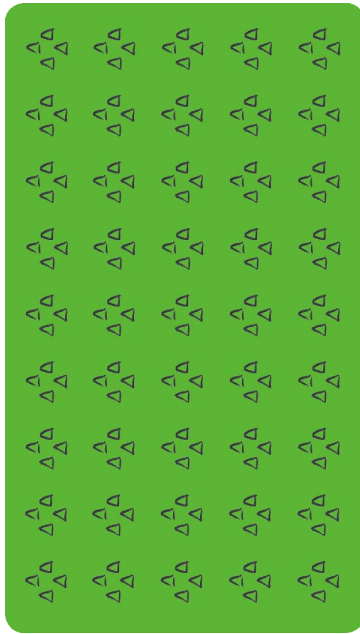
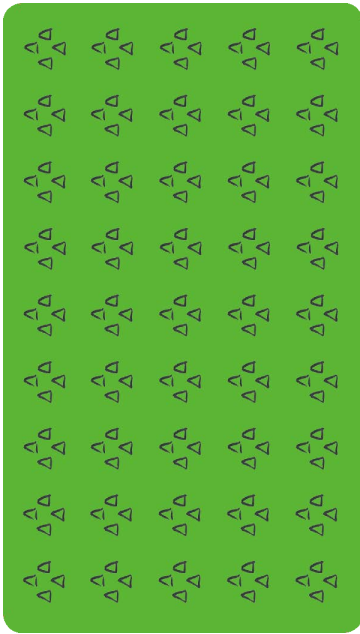
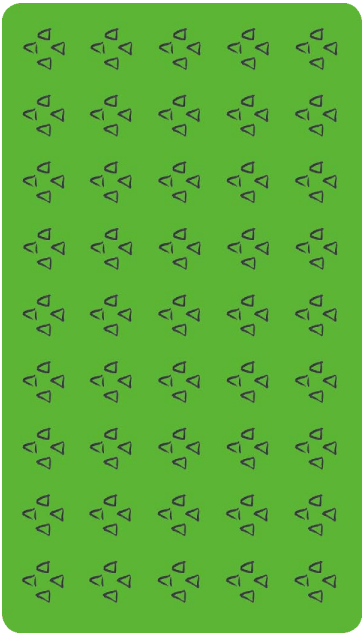
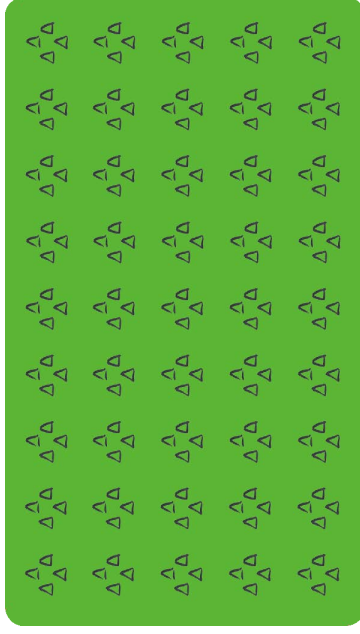
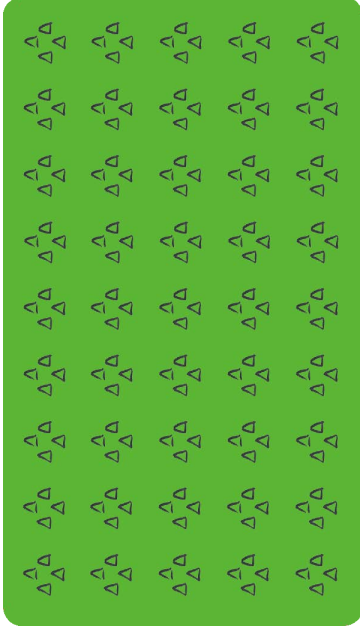
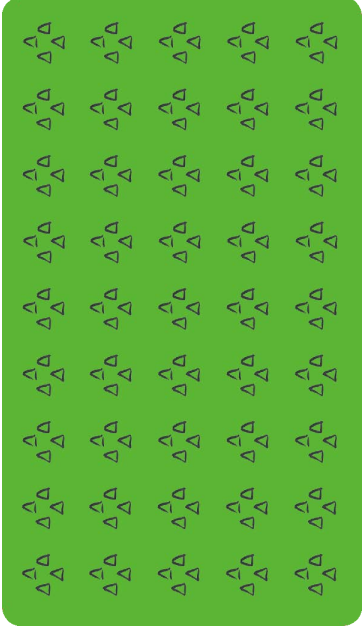
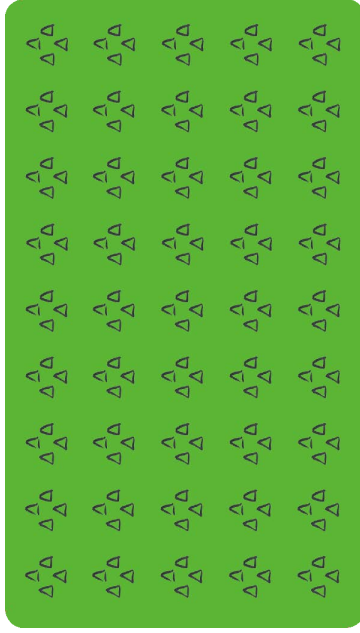
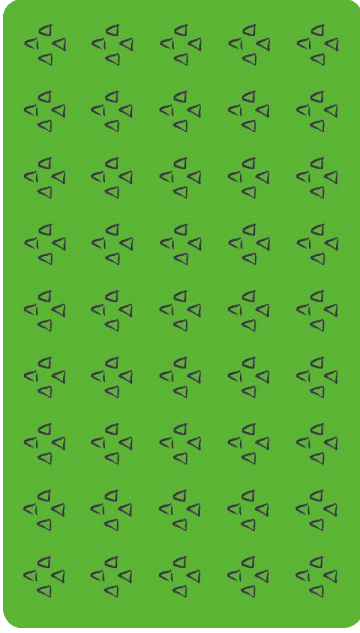
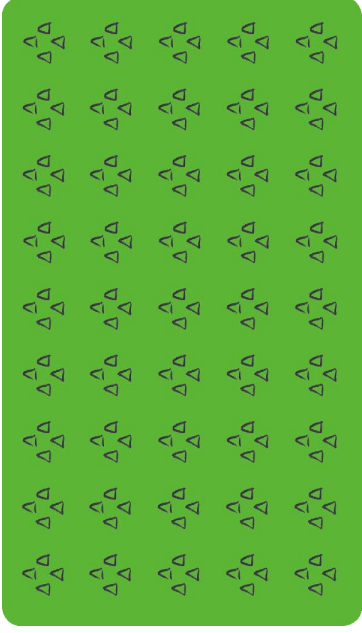
-2

Vent



ANY NEGATIVE
EMOTION

-2



▲▲
▲▲

Vent

●

ANY NEGATIVE
EMOTION

-2

▲▲
▲▲

▲▲
▲▲

Comfort

●

SADNESS

-3

▲▲
▲▲

▲▲
▲▲

Comfort

●

SADNESS

-3

▲▲
▲▲

▲▲
▲▲

Comfort

●

SADNESS

-3

▲▲
▲▲

▲▲
▲▲

Comfort

●

SADNESS

-3

▲▲
▲▲

▲▲
▲▲

Compliment

●

CONFIDENCE

3

▲▲
▲▲

▲▲
▲▲

Compliment

●

CONFIDENCE

3

▲▲
▲▲

▲▲
▲▲

Funny Walk

●

AMUSEMENT JOY

3

▲▲
▲▲

▲▲
▲▲

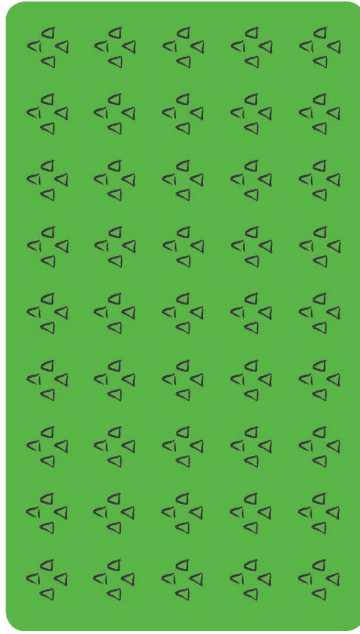
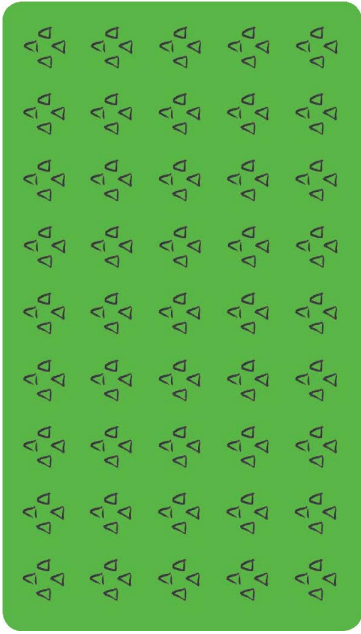
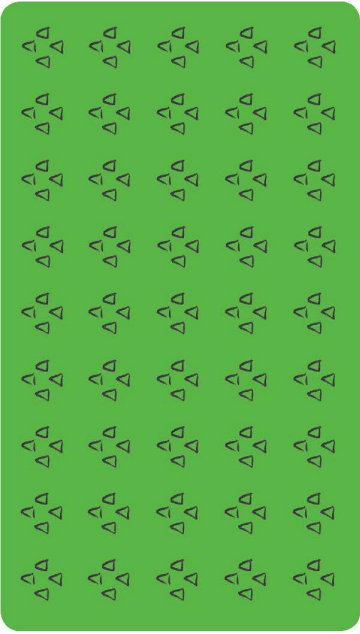
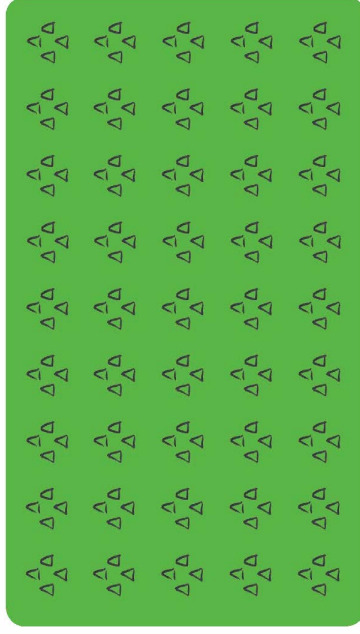
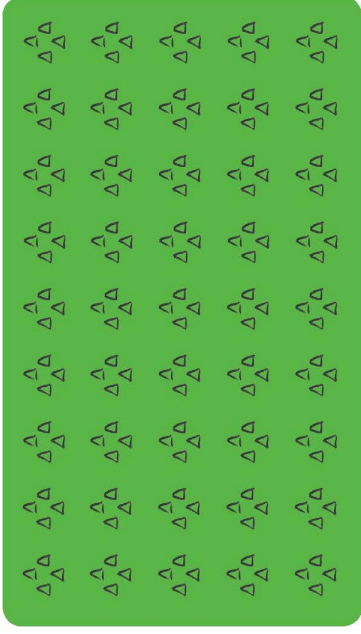
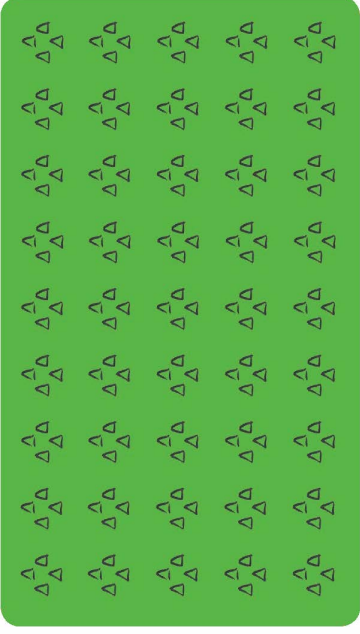
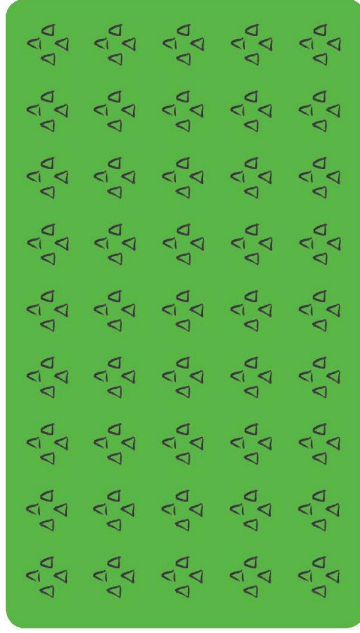
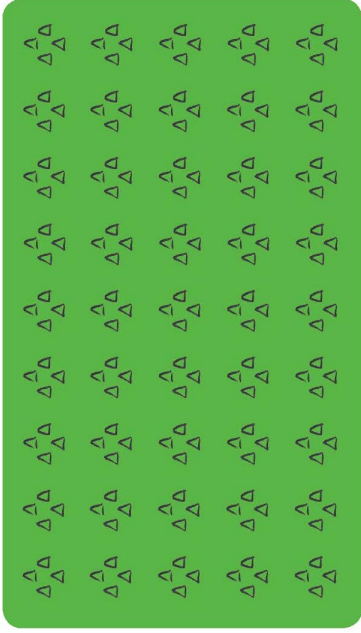
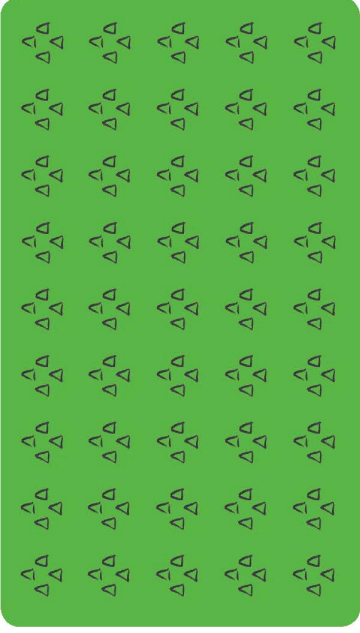
Funny Walk

●

AMUSEMENT JOY


3

▲▲
▲▲



△△
△△

"I'm here."


FEAR

3

△△
△△

△△
△△

"I'm Here"


FEAR

3

△△
△△

△△
△△

Help recall something beautiful


PLEASURE

3

△△
△△

△△
△△

Joke


JOY

3

△△
△△

△△
△△

Joke


JOY

3

△△
△△

△△
△△

Recite poem/
quote


PLEASURE

3

△△
△△

△△
△△

Tell off


ANGER

3

△△
△△

△△
△△

Tell off


ANGER

3

△△
△△

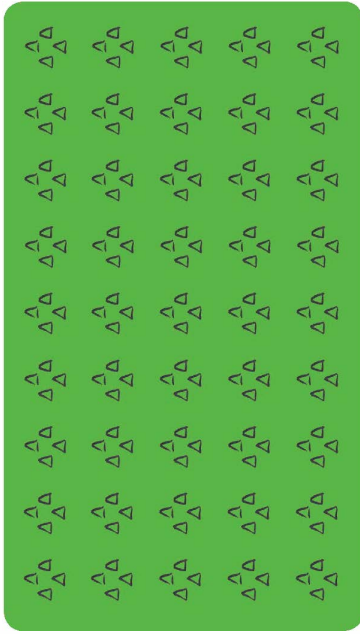
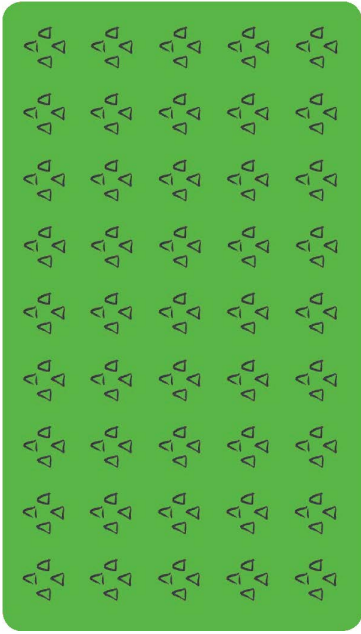
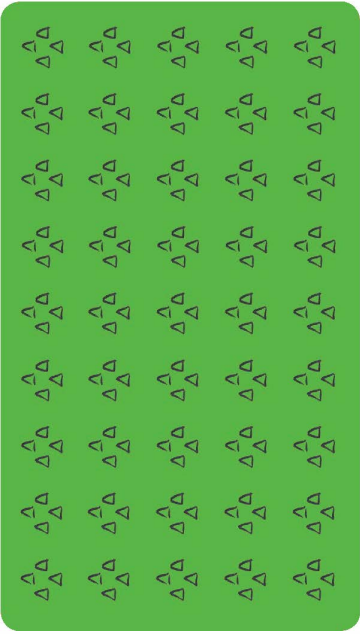
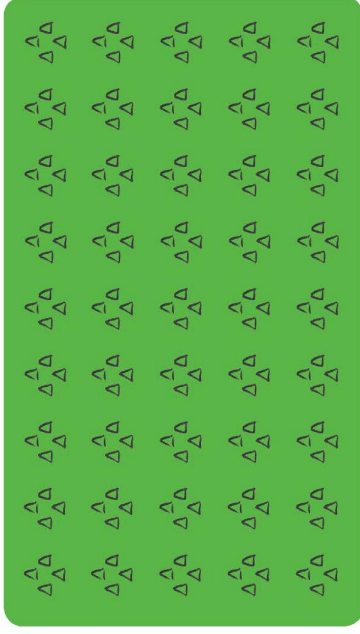
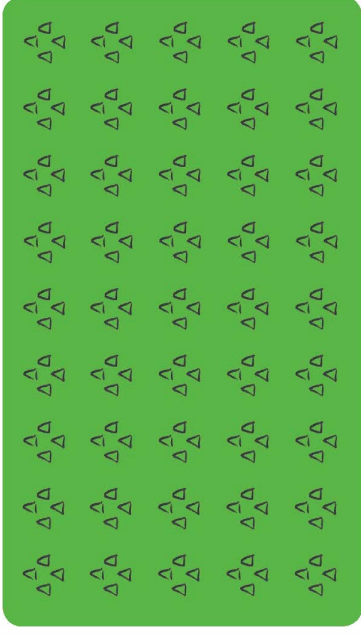
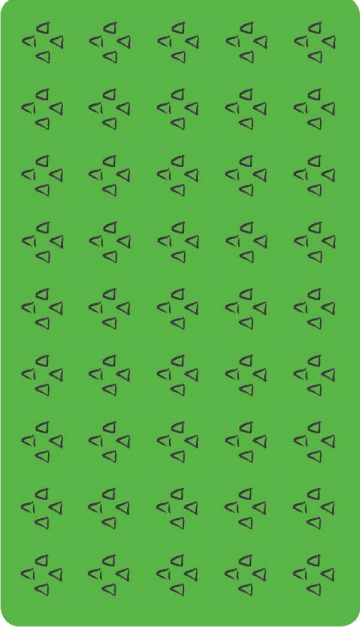
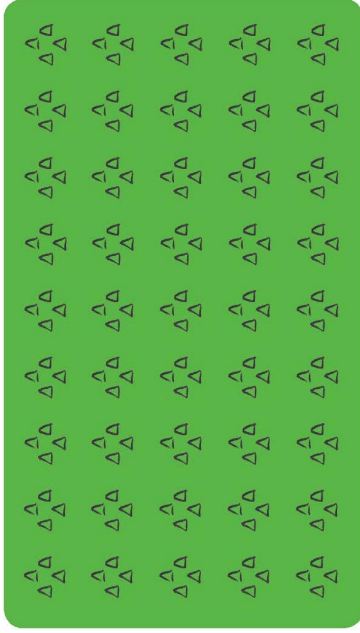
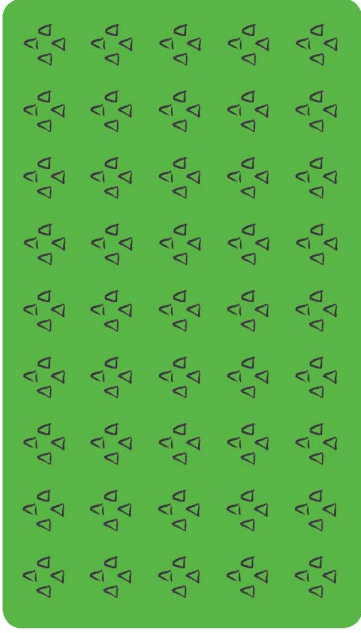
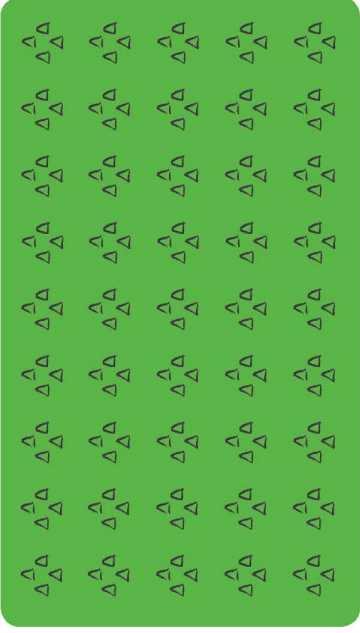
△△
△△

Help recall wonderful scent


PLEASURE

3

△△
△△



Promise
Justice


ANGER







Promise
Justice



ANGER

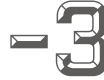







Demand
Justice


ANGER







Demand
Justice


ANGER







Help recall
sensation of
sun


PLEASURE







Praise



CONFIDENCE










Praise



CONFIDENCE










Praise


CONFIDENCE







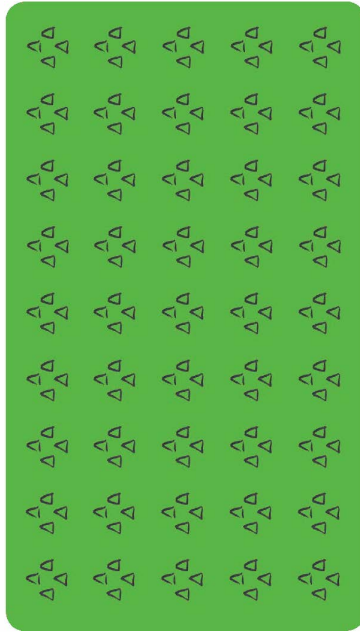
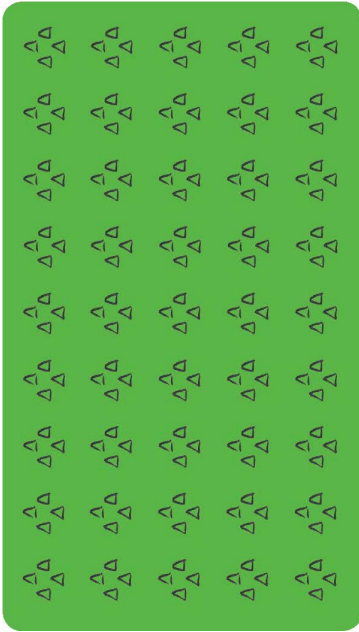
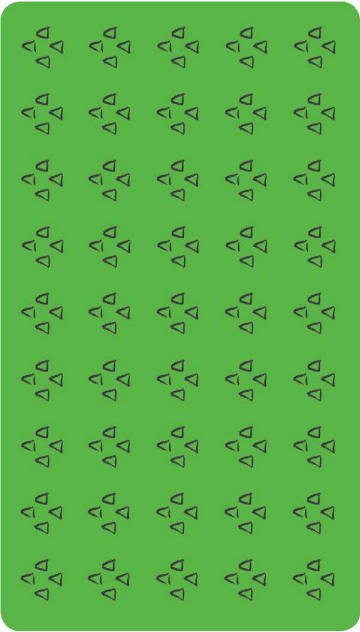
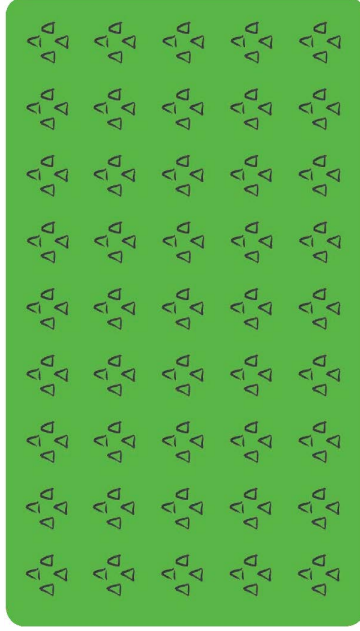
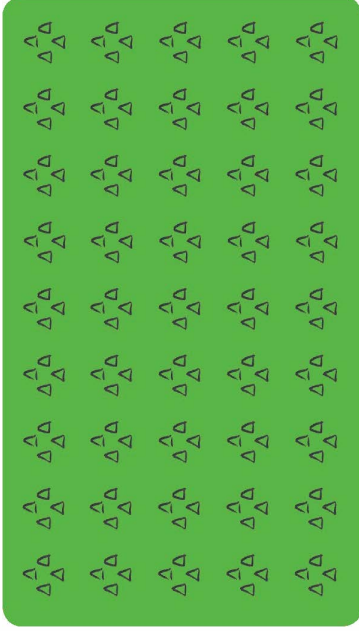
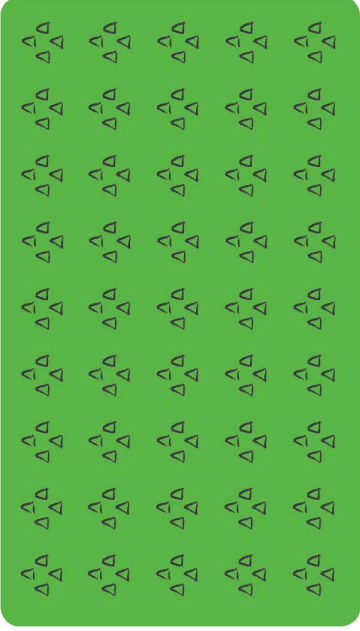
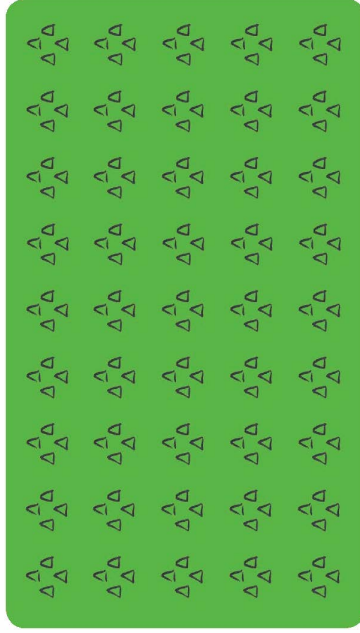
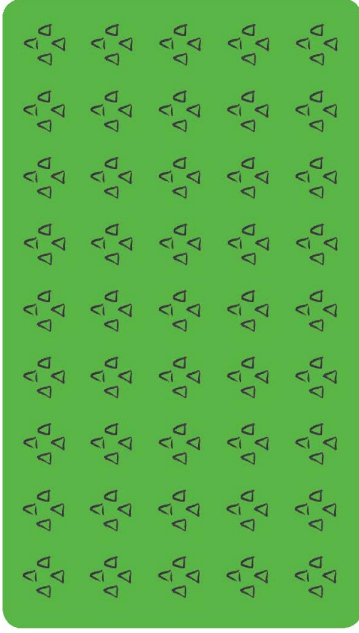
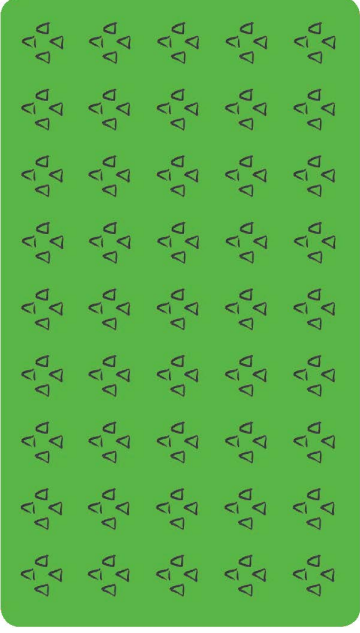
Hold hand


BELONGING









△△
△△

Hold hand



BELONGING

3

△△
△△

△△
△△

Words of understanding
and acceptance




GUILT\SHAME

-3

△△
△△

△△
△△

Words of understanding
and acceptance



GUILT\SHAME

-3

△△
△△

△△
△△

Serve
something
delicious




PLEASURE

3

△△
△△

△△
△△

Include




BELONGING

3

△△
△△

△△
△△

Include



BELONGING

3

△△
△△

△△
△△

Promise
Shelter



FEAR

-3

△△
△△

△△
△△

Promise
Shelter




FEAR

-3

△△
△△

△△
△△

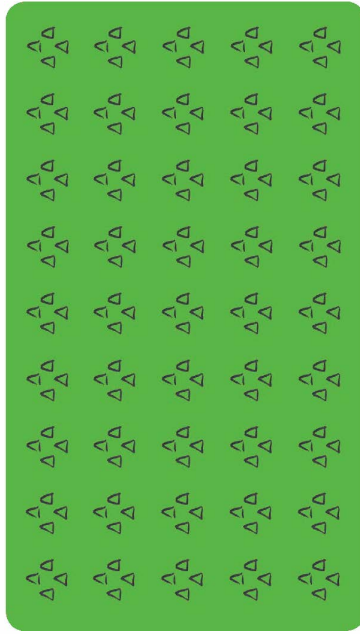
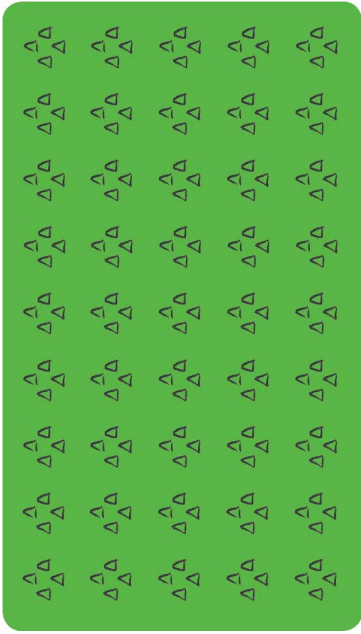
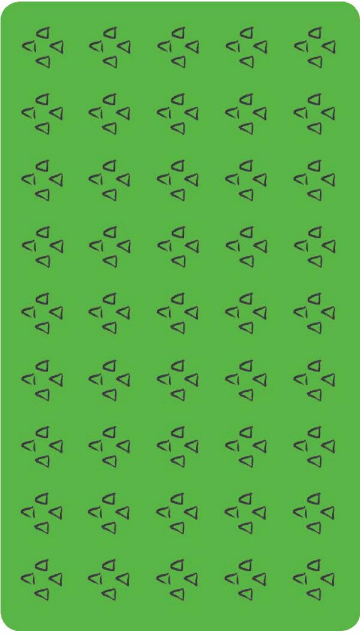
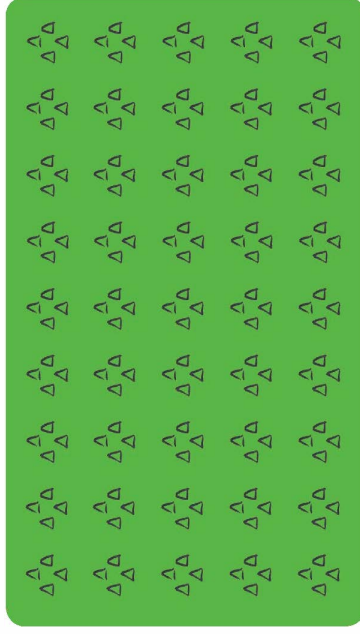
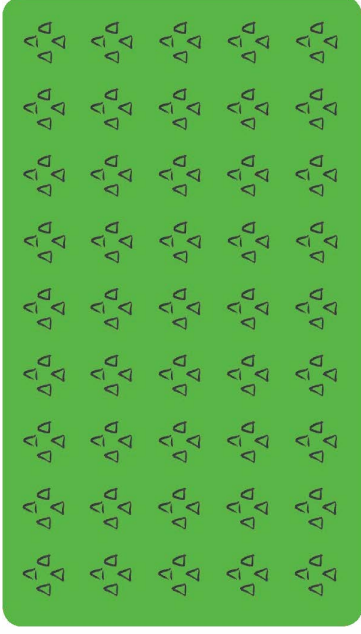
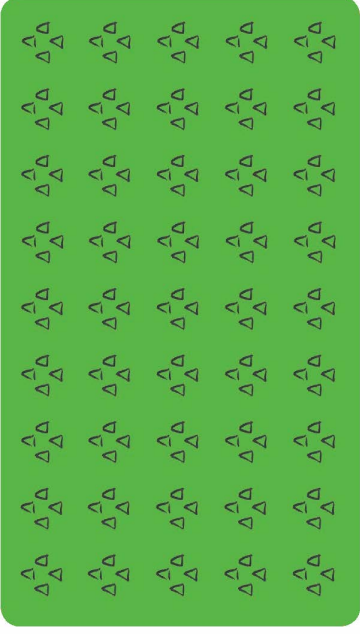
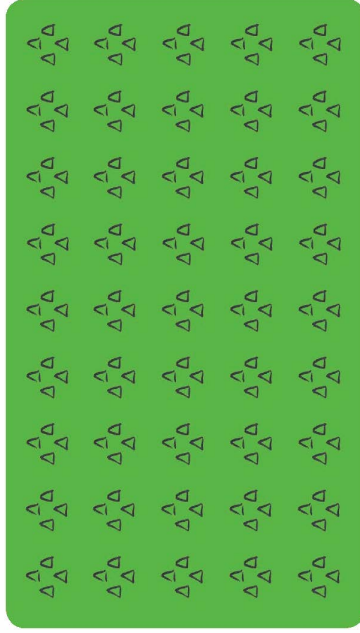
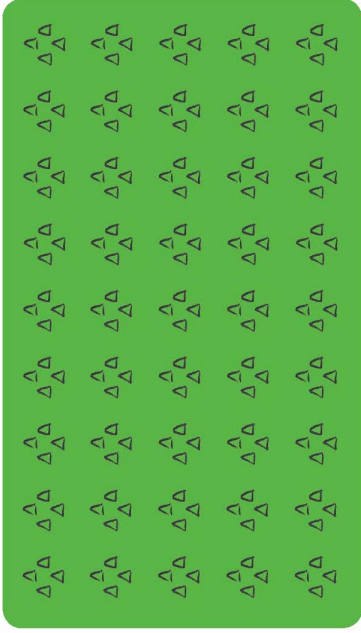
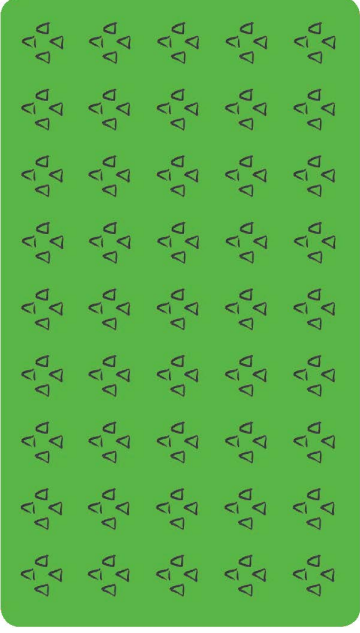
Promise
Defence



FEAR

-3

△△
△△



△△
△△

Promise
Defence


FEAR

-3

△△
△△

△△
△△

Recall
hilarious act
of friend


JOY

3

△△
△△

△△
△△

Give (funny)
present


JOY

3

△△
△△

∕∕

Spread Joy


JOY TO ALL

4

∕∕

∕∕

Massive
Confidence
Boost


CONFIDENCE

5

∕∕

∕∕

Massive
Confidence
Boost


CONFIDENCE

5

∕∕

∕∕

Group Hug


BELONGING TO ALL

4

∕∕

∕∕

Make
[something]
and give it


PLEASURE

5

∕∕

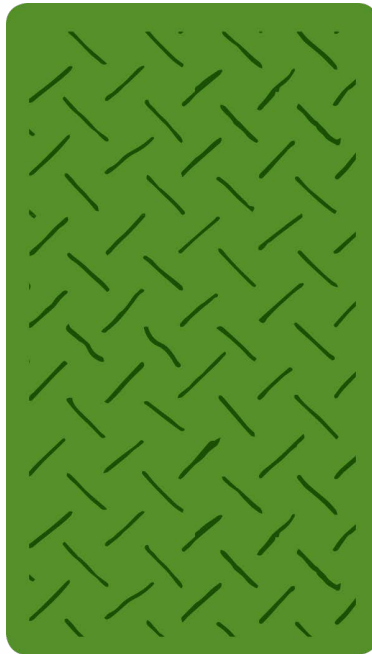
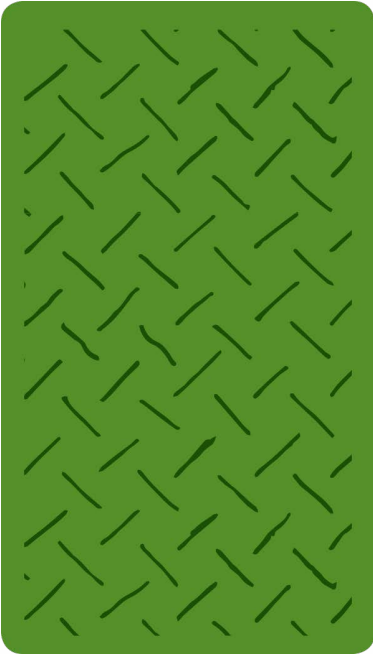
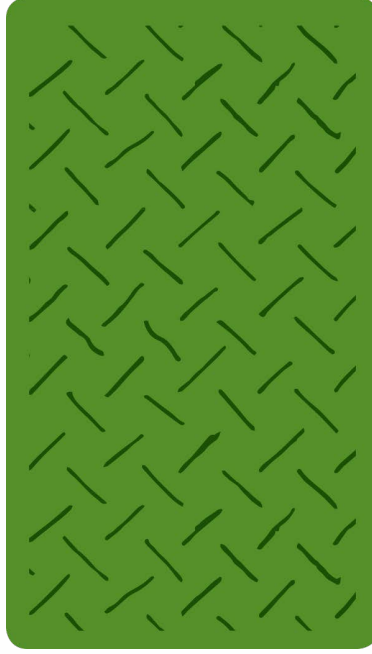
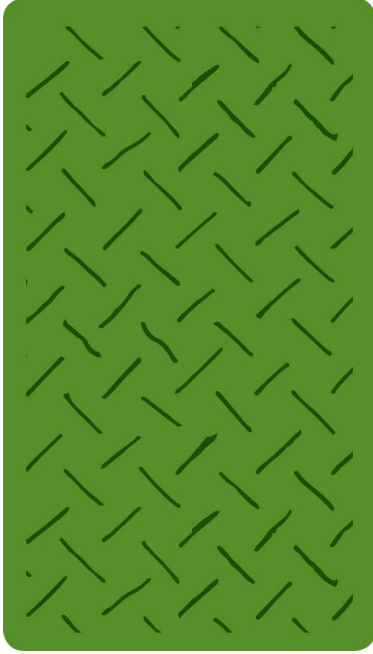
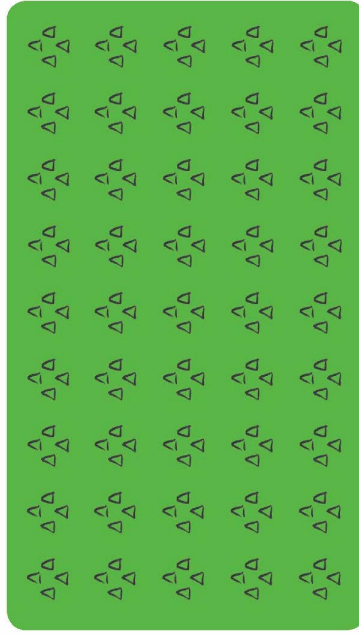
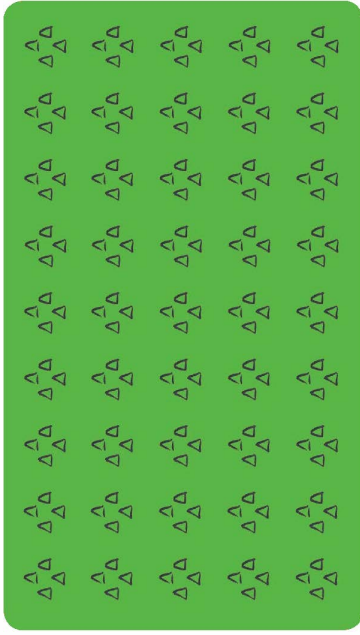
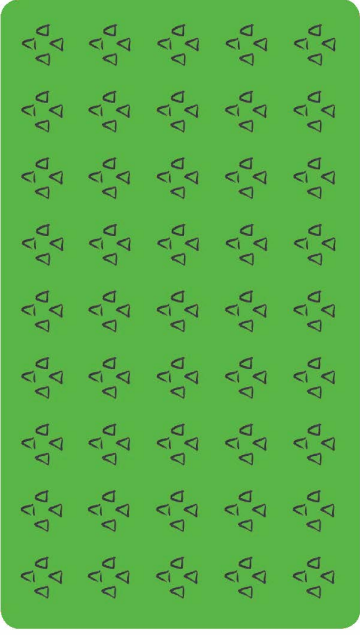
∕∕

Make
[something]
and give it


PLEASURE

5

∕∕



Give Shelter

FEAR

-5

Defend

FEAR

-5

Serve Justice

ANGER

-5

Serve Justice

ANGER

-5

Accomodate Sorrow (allow it)

SADNESS

-5

Accomodate Sorrow (allow it)

SADNESS

-5

Support and Bandage

PAIN

-5

Support and Bandage

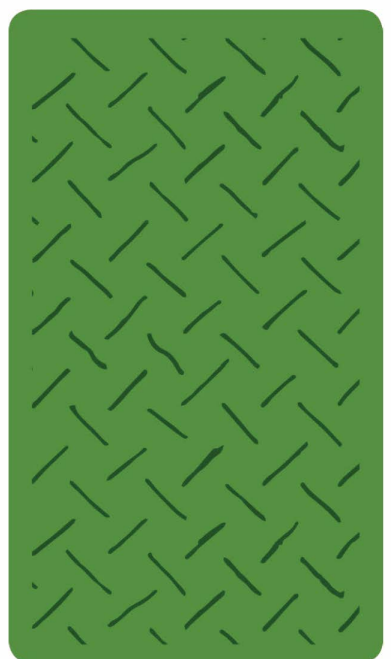
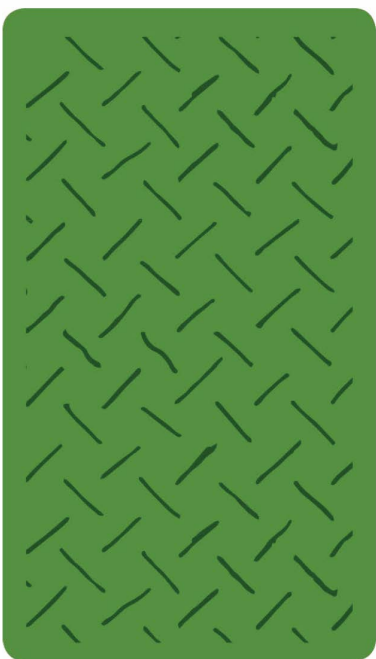
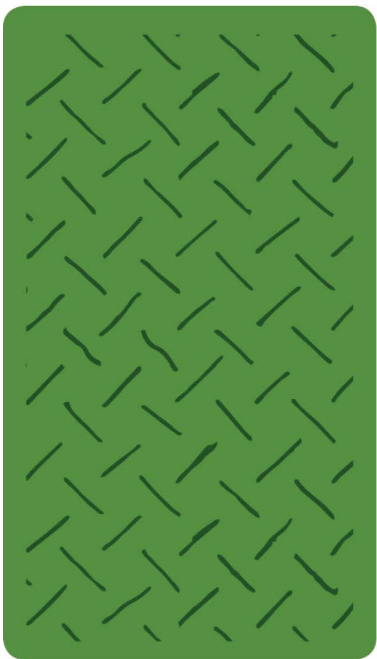
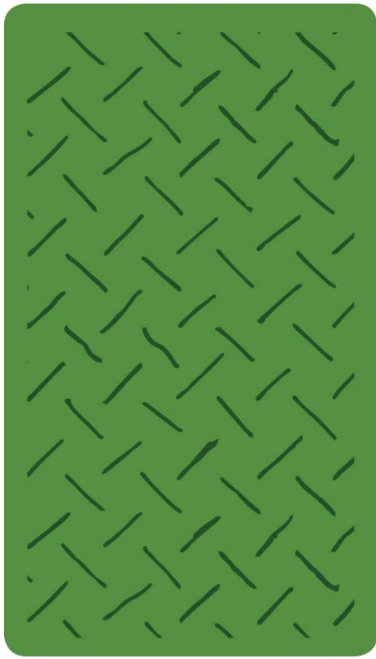
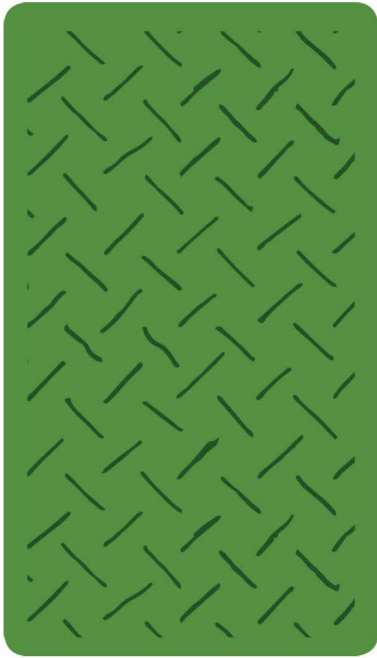
PAIN

-5

Understanding and acceptance

GUILT/SHAME

-5





Understanding
and acceptance



GUILT\SHAME

-5



Contagious
Laughter



JOY TO ALL

4



Hurt [by]



PAIN

3



Hurt [by]



PAIN

3



Force to do
[something]
boring



PAIN

3



Force to do
[something]
boring



PAIN

3



Words that
hurt



PAIN

3



Words that
hurt



PAIN

3



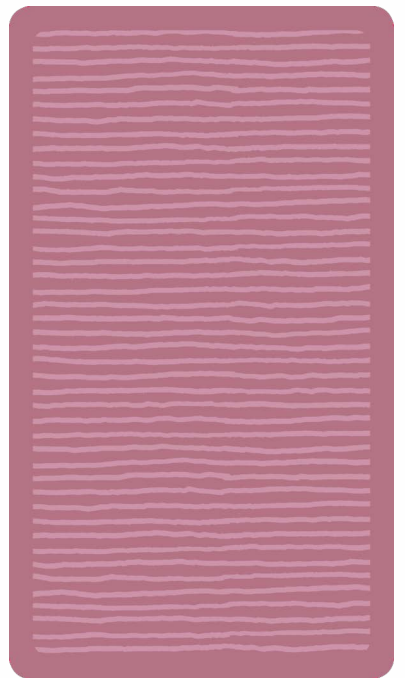
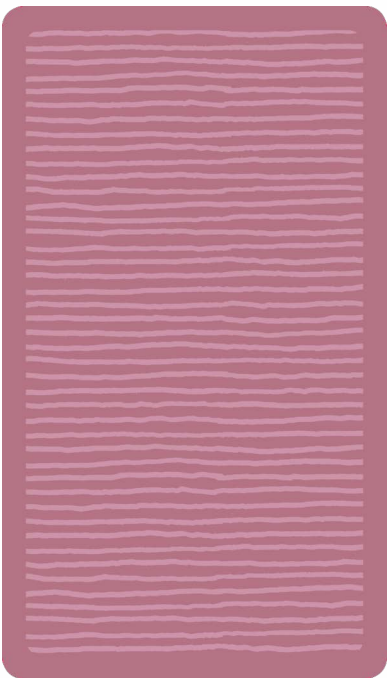
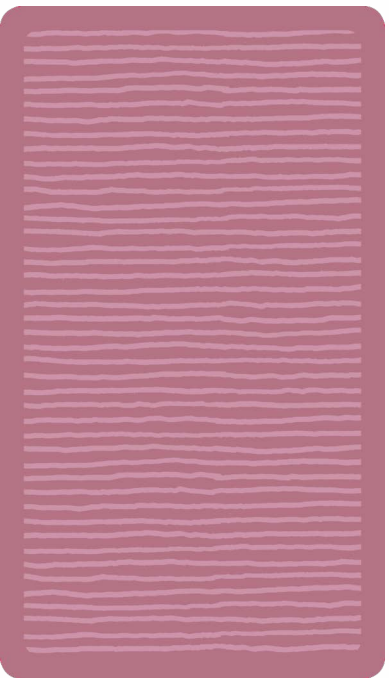
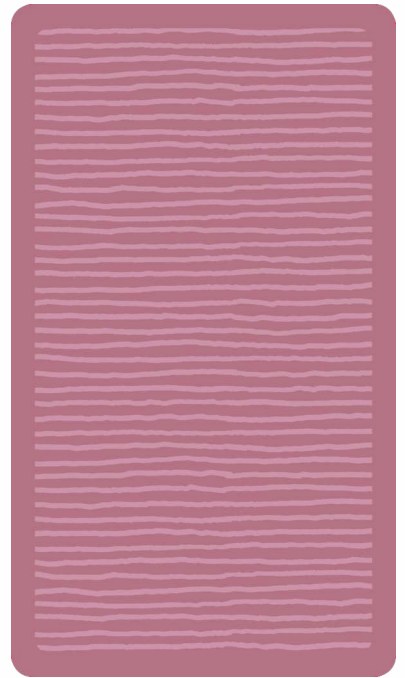
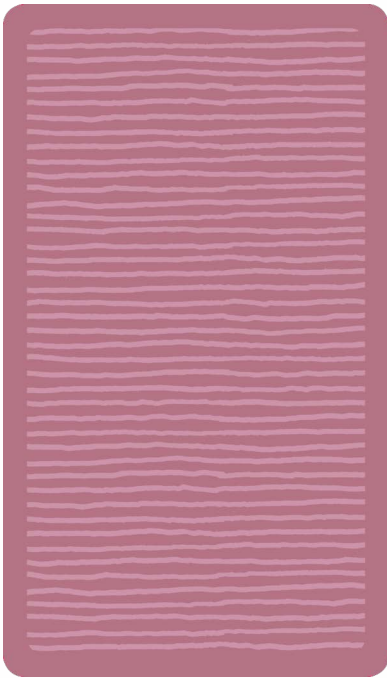
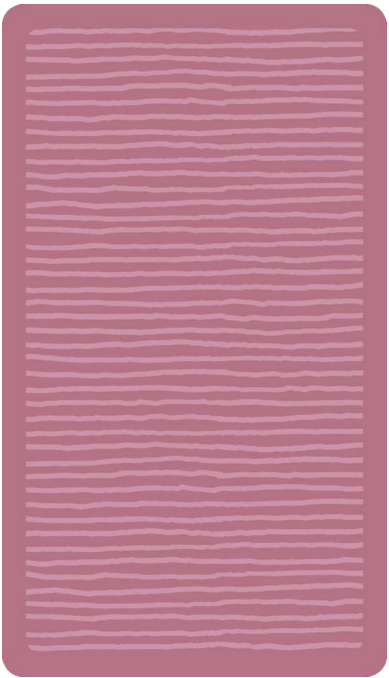
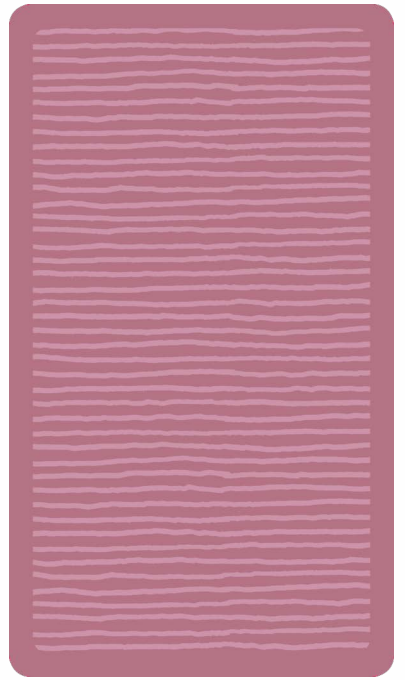
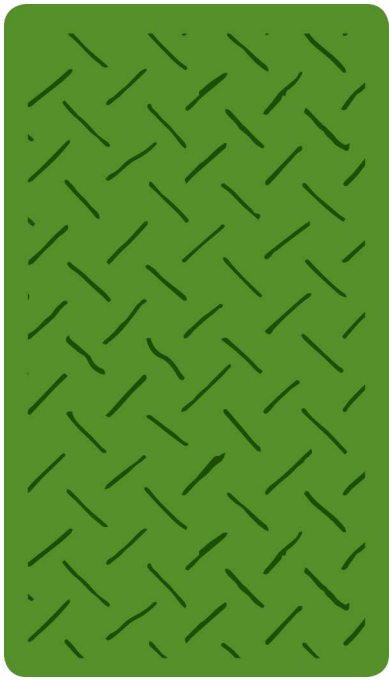
Blame [for]



GUILT\SHAME

3





☰

Blame [for]

☱

GUILT\SHAME

3

☱

☰

Guilt Trip

☱

GUILT\SHAME

3

☱

☰

Guilt Trip

☱

GUILT\SHAME

3

☱

☰

Martyr

☱

GUILT\SHAME

3

☱

☰

Martyr

☱

GUILT\SHAME

3

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Threaten [with]

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FEAR

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Threaten [with]

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FEAR

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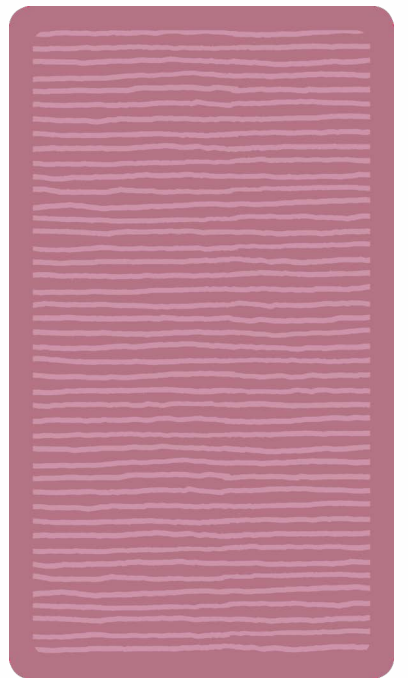
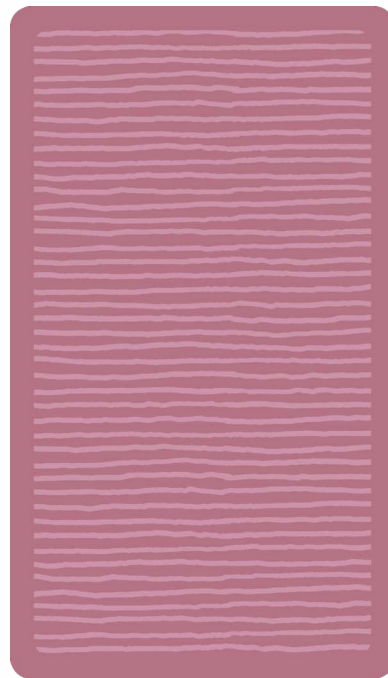
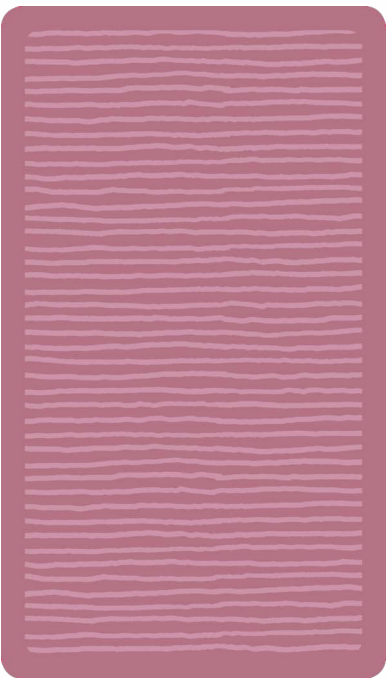
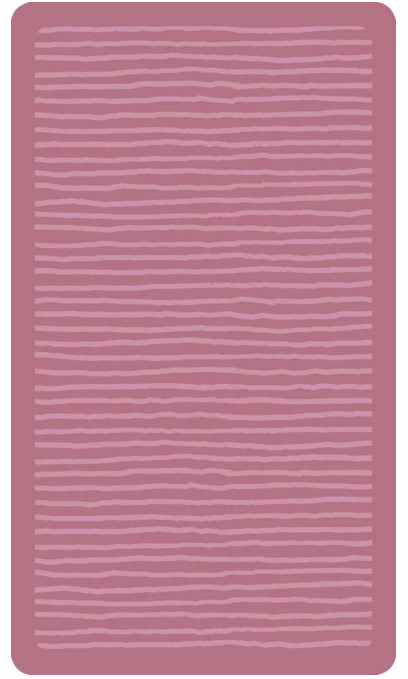
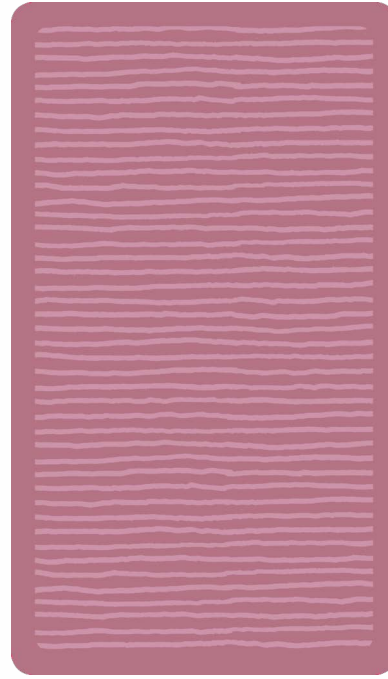
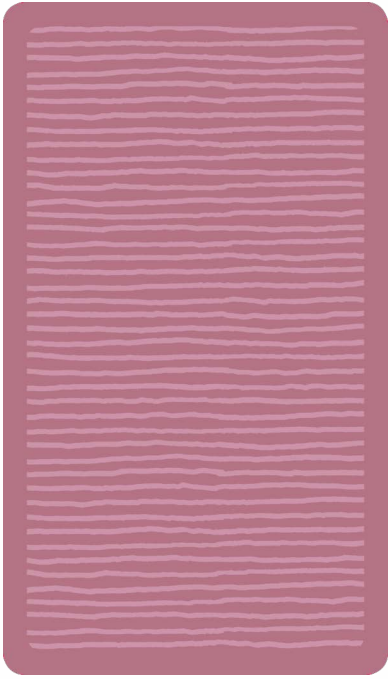
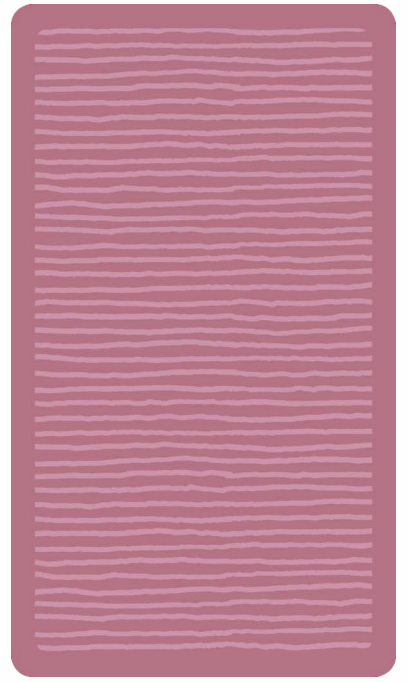
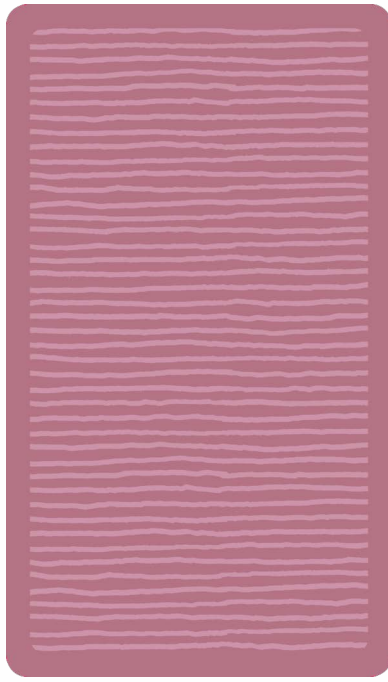
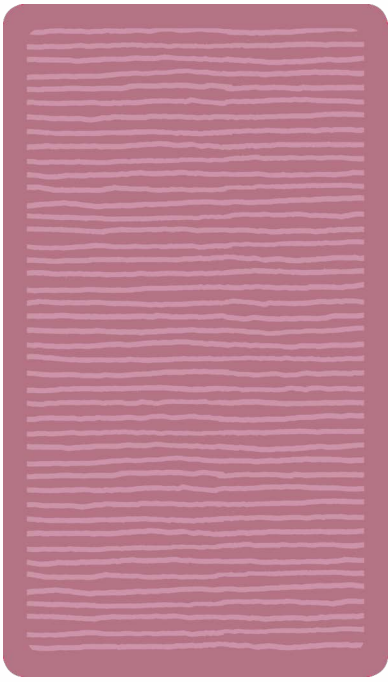
Warning

☵

FEAR

3

☱



☰

Warning

☪

FEAR

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Warning

☪

FEAR

3

☷

☰

Steal/Take
[something
loved]

☵

SADNESS

3

☷

☰

Steal/Take
[something
loved]

☵

SADNESS

3

☷

☰

Mention
Loss as if
unimportant

☵

SADNESS

3

☷

☰

Mention
Loss as if
unimportant

☵

SADNESS

3

☷

☰

Exclude

☵

SADNESS

3

☷

☰

Exclude

☵

SADNESS

3

☷

☰

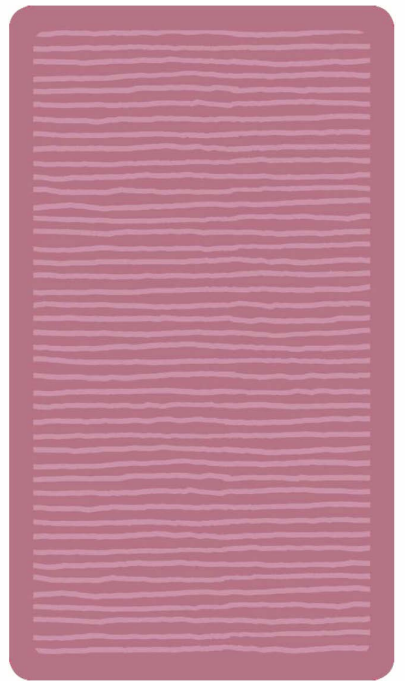
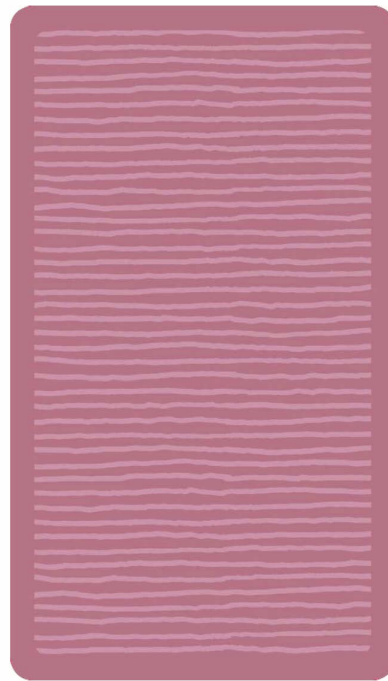
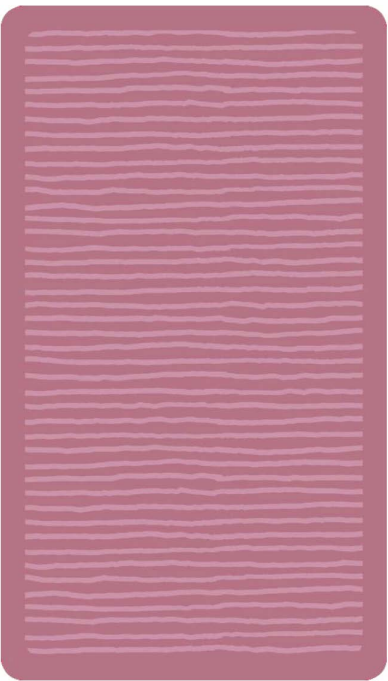
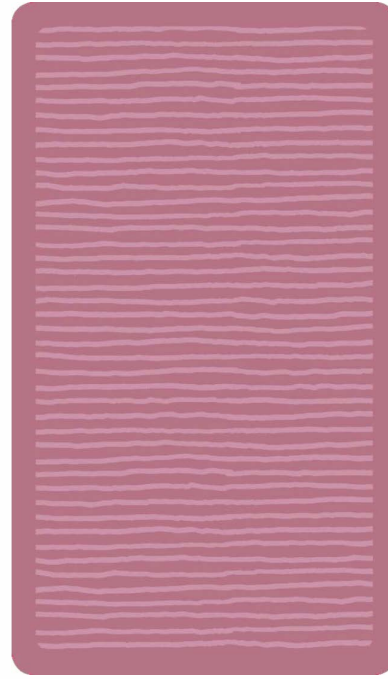
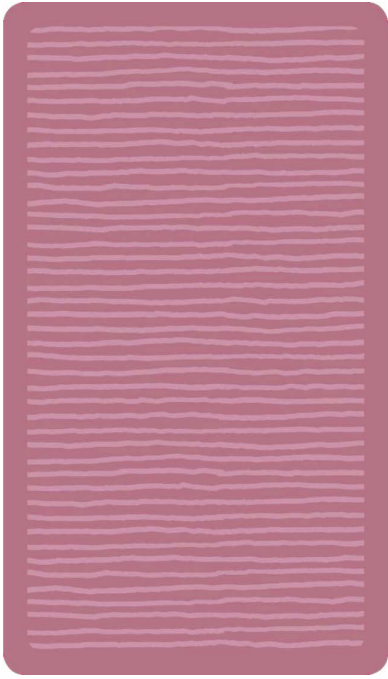
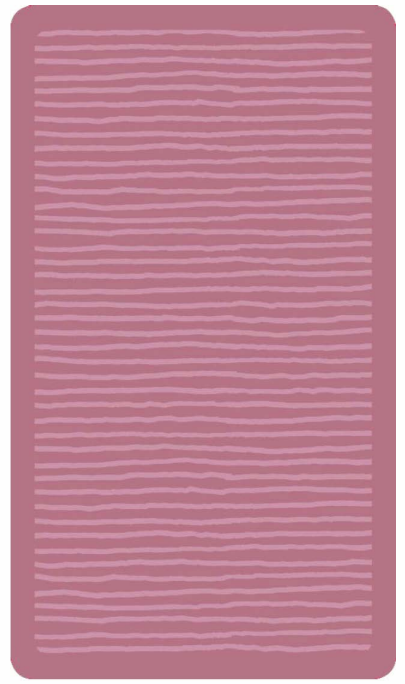
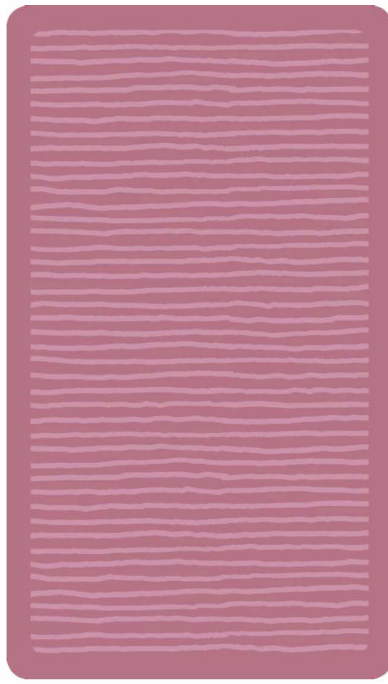
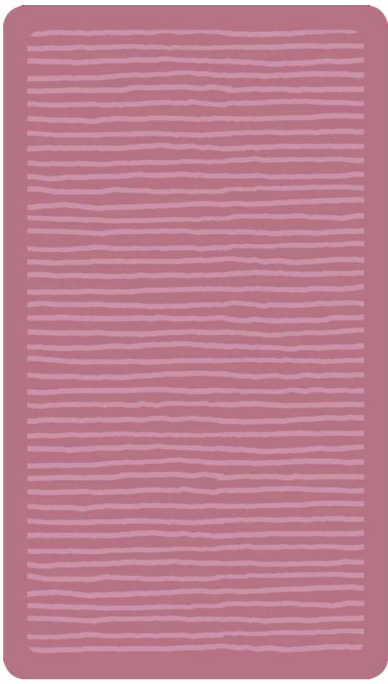
Annoy

☲

ANGER

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Annoy

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ANGER

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Misunderstand
on purpose

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ANGER

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Misunderstand
on purpose

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ANGER

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☰

Hurt your
friend [by]

☹

ANGER

3

☷

☰

Hurt your
friend [by]

☹

ANGER

3

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Ignore
(actively)

☹

PAIN\+1 ANGER

2

☷

☰

Ignore
(without
realizing)

💧

PAIN\+1 SADNESS

2

☷

☰

Insult

☹

ANGER\+1 PAIN

2

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☼☼

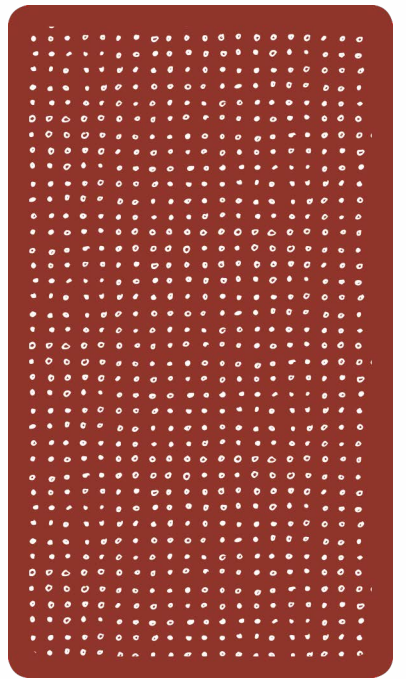
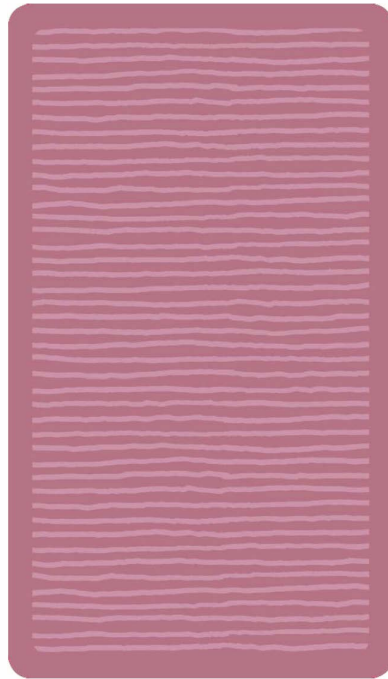
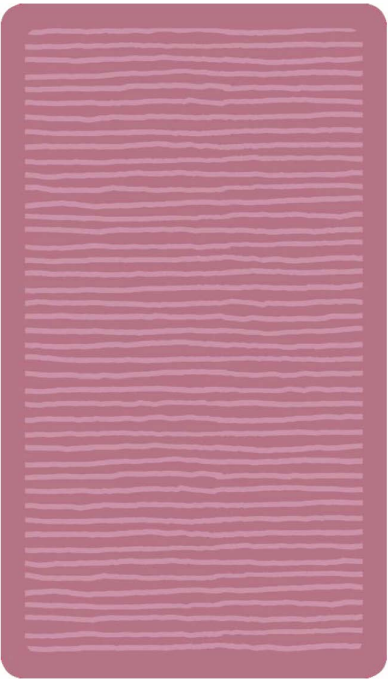
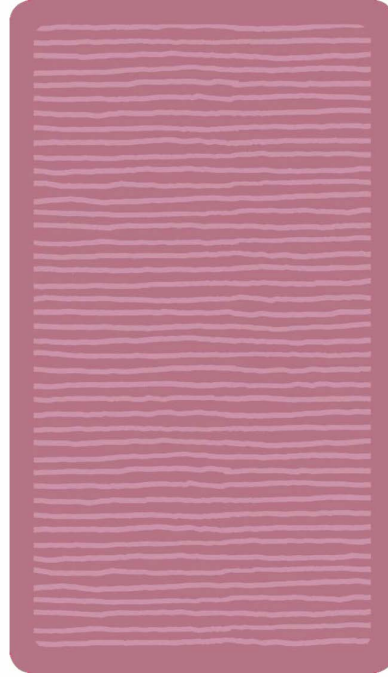
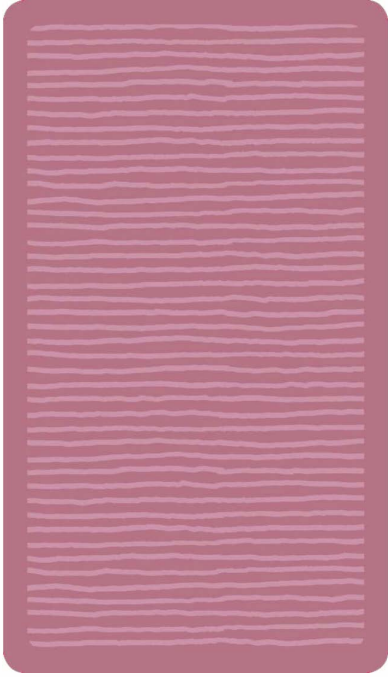
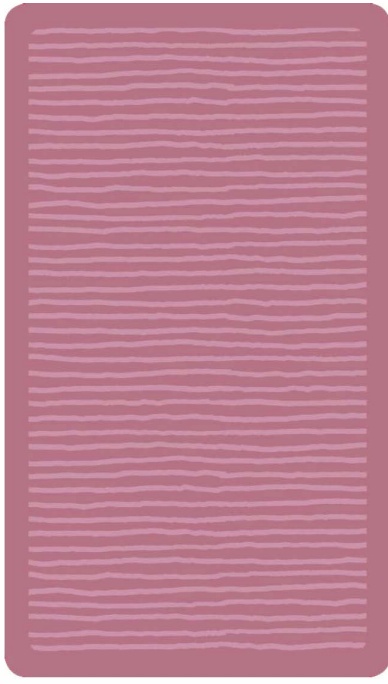
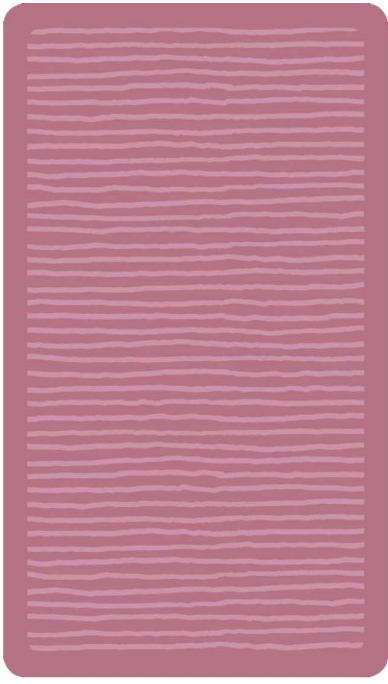
Point out true
weakness
publicly

🔴

SHAME\GUILT

5

☼☼



Powerful
Guilt Trip



GUILT\SHAME

5



Powerful
Threat



FEAR

5



Cruel
Warning




FEAR

5




Loss




SADNESS

5




Loss



SADNESS

5



Do Wrong



ANGER

5



Do Wrong




ANGER

5



Hurt you,
Badly



PAIN

5



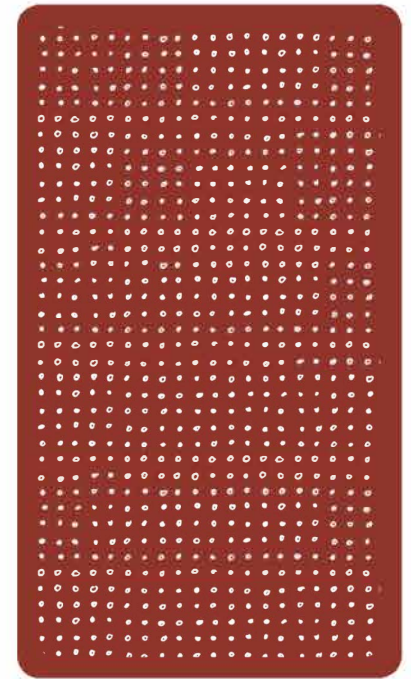
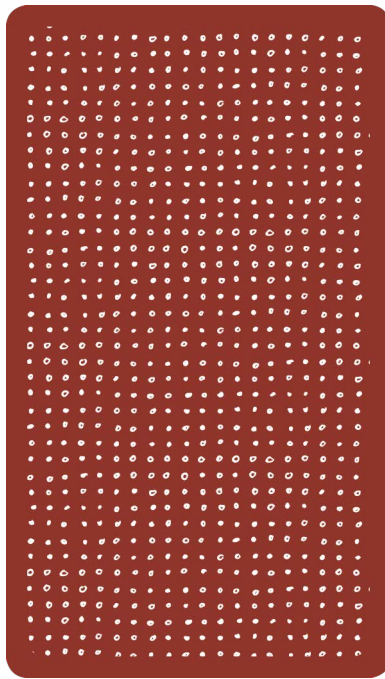
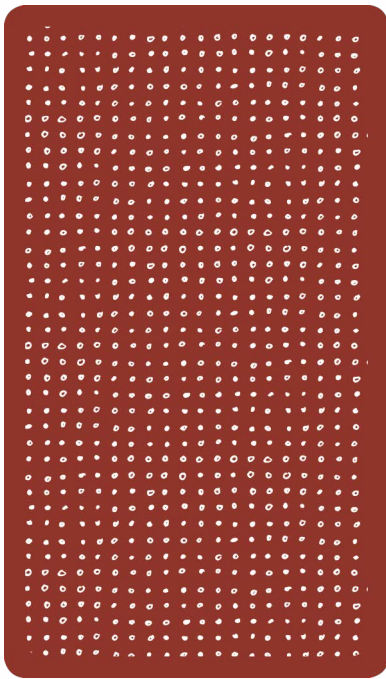
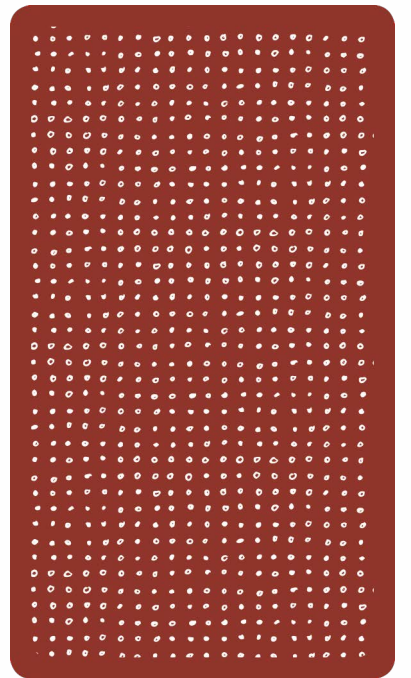
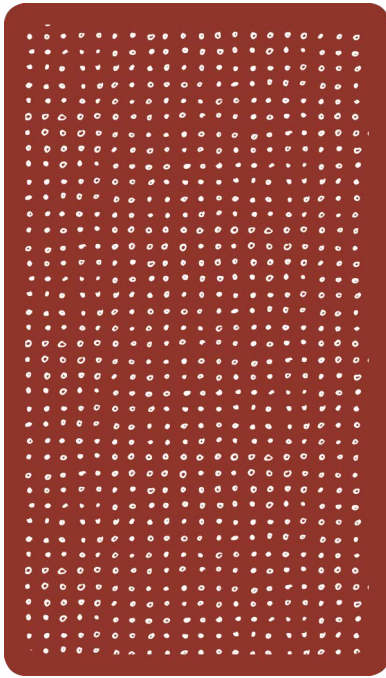
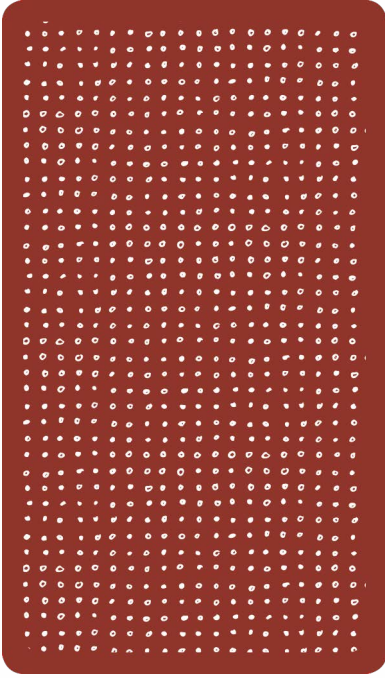
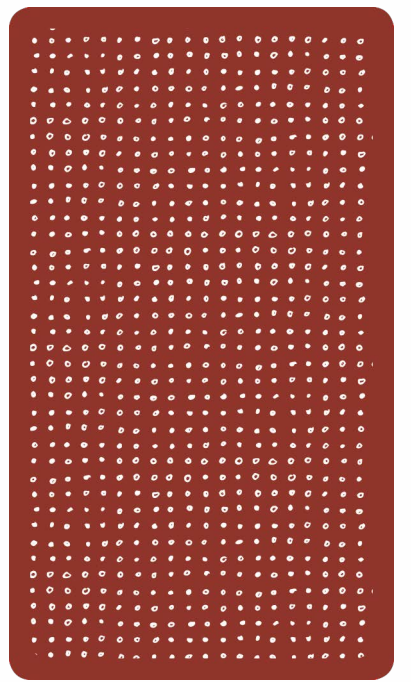
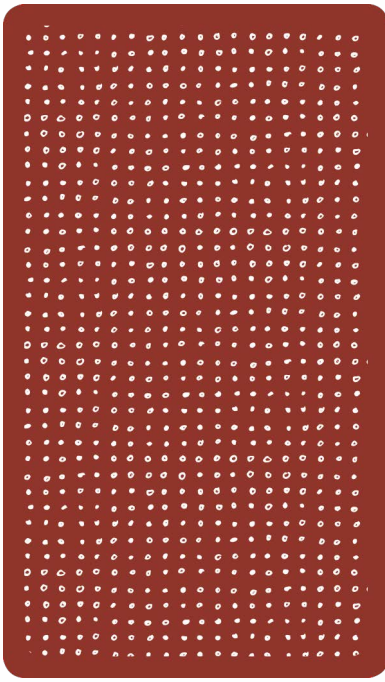
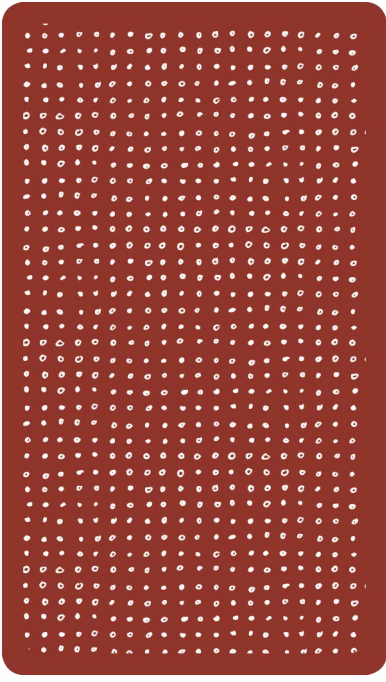
Hurt you,
Badly



PAIN

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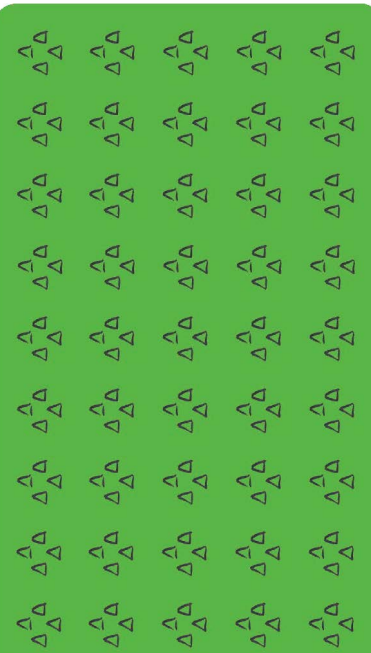
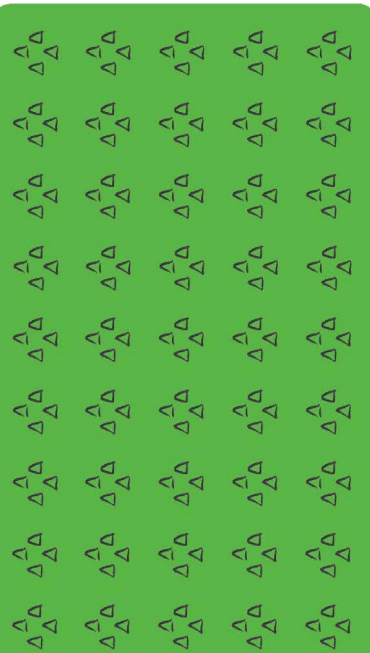
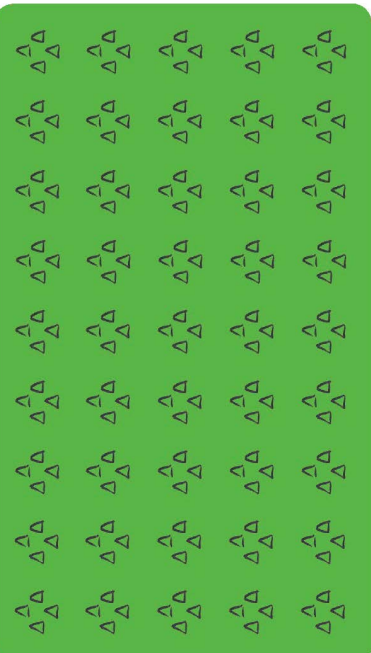
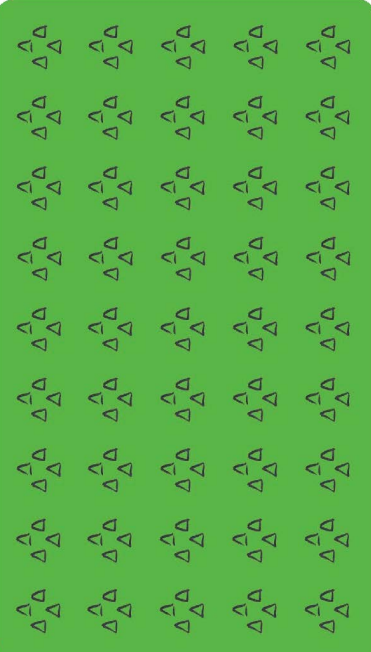
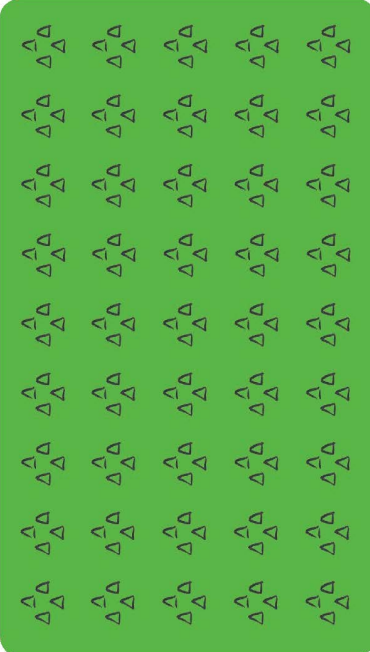
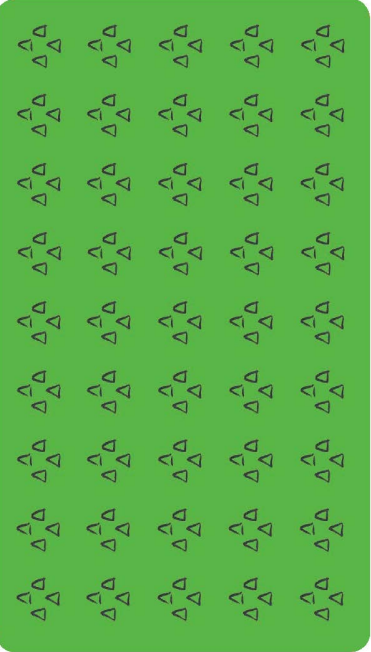
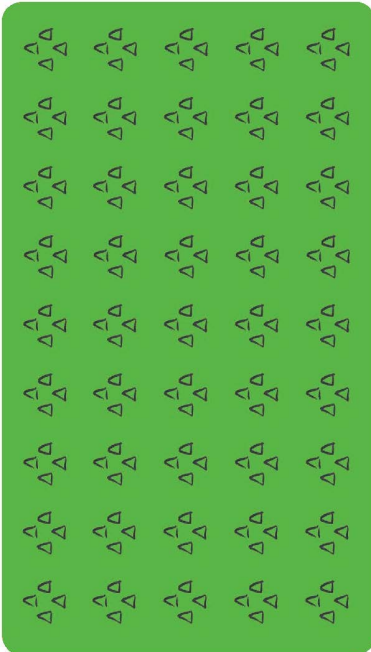
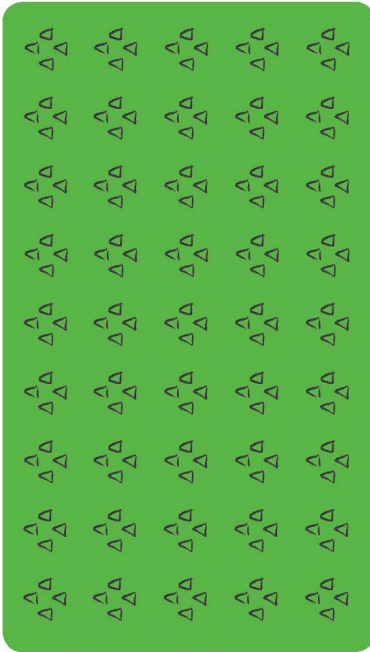
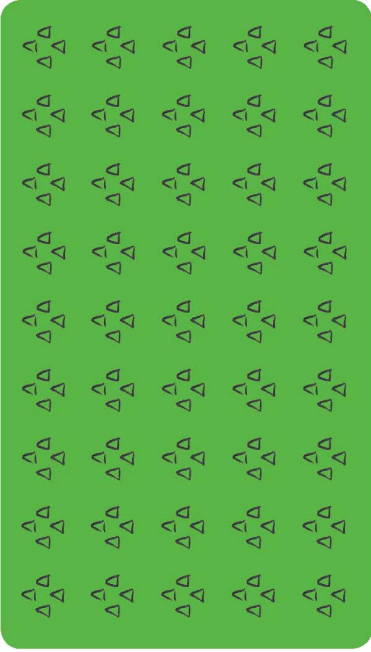
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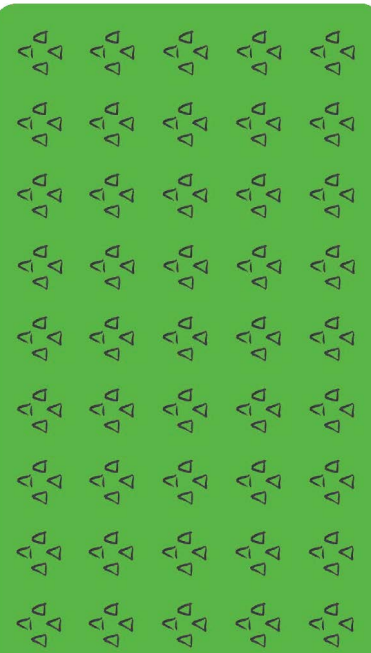
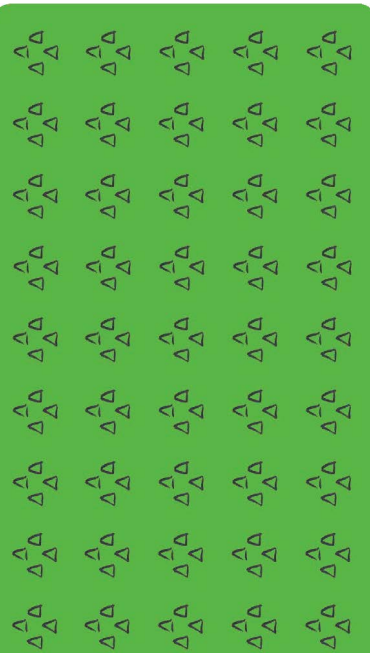
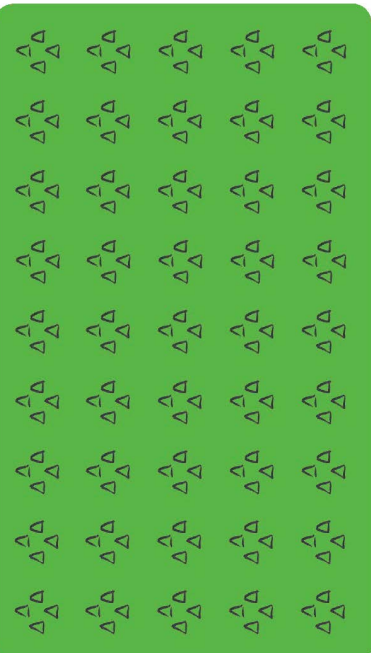
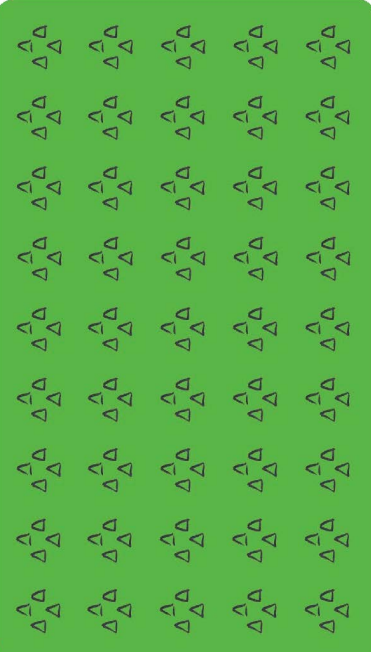
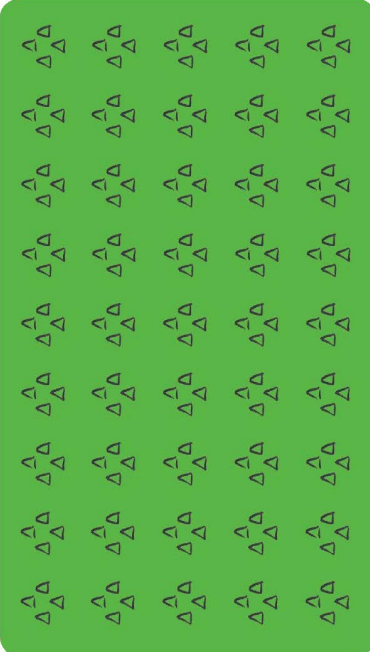
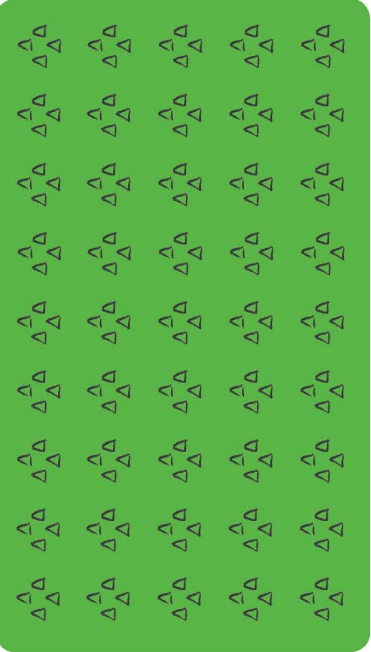
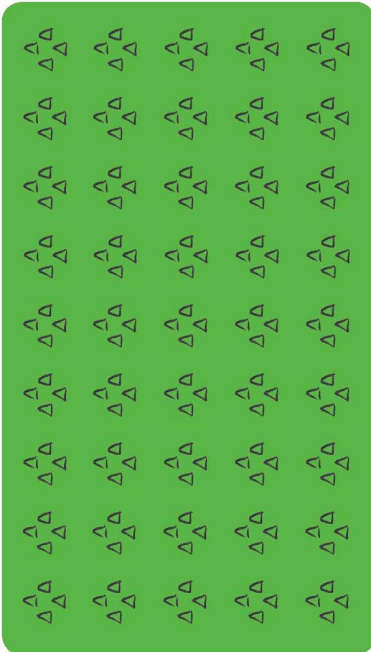
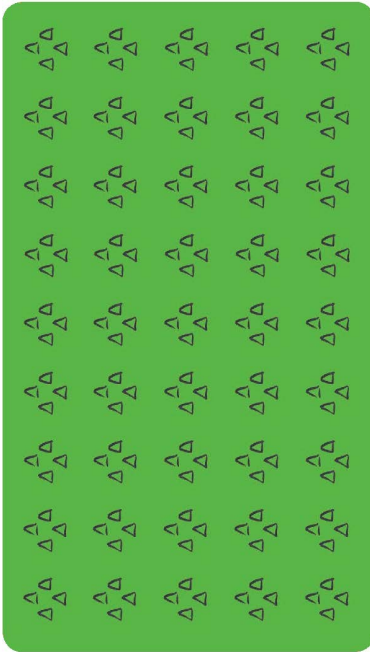
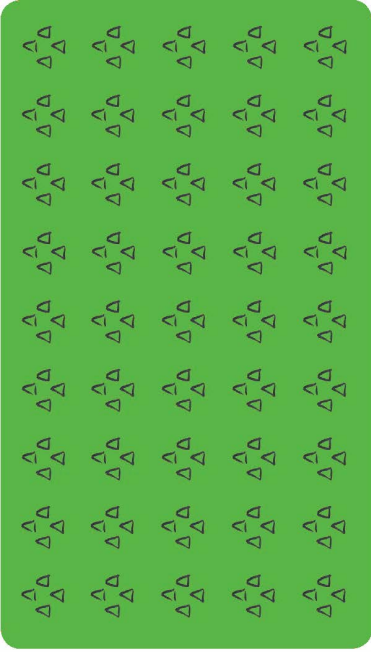
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